

Hello:

Thank you for agreeing to participate in the System of Care's *Green Light Awareness Ceremony* at the Revolution game on Saturday, May 11. The gates open at 5:30 p.m. The game starts at 6:30 p.m. The *Green Light Awareness Ceremony* will take place following the game. As a participant, you will be carrying a green light as you walk onto the field with other community members who also lost a loved one by suicide. Cindy Richard from Suicide Prevention of York County will be speaking about suicide prevention and the symbolism behind the number of lights and the color of lights displayed on the field. Following her comments, a short video will be aired on the Jumbo Tron.

Out of respect for you and your loved one's privacy, we will not be announcing the names of those who have died.

Below is a summary of this evening's activities:

- Please pick up your complimentary tickets from the System of Care table which will be located to the right of the main entrance. You will see a sign that says, *Light the Way for Mental Health.* You can choose whether you want to watch the entire game or just a few innings; either way, please plan to be on-site prior to the start of the 9<sup>th</sup> inning.
- In preparation for the **Green Light Awareness Ceremony**, please meet at SECTION 5 at the top of the 9<sup>th</sup> inning. We will distribute the green lights to you at that time. We have had an amazing response; so, there is a possibility that a few of you may need to pair up.
- As mentioned, GREEN is the color associated with Mental Health Awareness Month. Feel free to wear green if you would like. We will also have *Light the Way for Mental Health* t-shirts available for a \$5 donation at the ticket table.
- If you have limited mobility, but would still like to participate in the ceremony on the field, please let us know what accommodations are needed no later than Thursday, May 9<sup>th</sup>. Please contact Colleen Igo at 717-324-1012 or <u>cigo@yorkcountypa.gov</u>.
- ASSISTANCE REQUESTED: Can you please review the list of names below and confirm if these individuals are still planning to participate in the *Green Light Awareness Ceremony*. Our goal is to sit family/friends together, so it is important to know if we have the correct number of tickets set aside and if the names are accurate. The tickets will be held at the *Light the Way for Mental*

*Health* ticket table (located to the right of the Main Entrance) and placed in individual envelopes, listed by last name. For those with large parties, we can group by the primary organizer's name. Please let us know, if possible, by **tomorrow, May 9<sup>th</sup> at noon** if you have a preference and/or any changes. (It is our understanding that this game will be one of the largest attending events for the season—a separate ticket table was set up to bypass Will-Call during the opening rush).

We recognize that the evening events, including the ceremony, may trigger some anxious and/or sad feelings; please know that there will be a private area set up if you would like to talk with a licensed clinician. (Located at the 3<sup>rd</sup> Base Gate Stairwell)

The purpose of the *Green Light Campaign* is to raise awareness about mental health, but more importantly to spark conversations surrounding mental health. Thank you for agreeing to be part of this event. We want you to know, you are not alone.

For more information about the Green Light Campaign go to www.LightTheWay4MentalHealth.org.

Please do not hesitate to reach out to me if you have any questions or concerns.

Warmest Regards,

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